



QUILTS

An LWR quilt is special! It brings warmth on a cold night, shelter from the sun on a hot day. It becomes a bed, a room divider, a backpack to carry belongings, and at times even a home.

Quilts distributed by LWR to refugees and other people in need were first made by recycling old but good clothes, blankets, and other items. Most LWR quilts are still made this way, although fabric samples, remnants, or other new pieces of fabric are also used. Each quilt is one of a kind, with a beauty all its own, made as a gift of hope by caring people.

How to make an LWR quilt

LWR quilts are easy to make. Place a piece of fabric measuring 64" X 84" right side down on the table. **Do not use fabric prints with religious symbols, U.S. flags or military insignia.** (See General Assembly Instructions on back for further information.) Place a filler measuring 60" X 80" on top, and then place another piece of fabric, also measuring 60" X 80", right side up on top of the filler. Tie the layers together, using crochet or similar cord. Bring the edges of the 64" X 84" piece over the top, pin and machine-stitch the edge, using a zigzag stitch if possible.

Finished quilts should measure approximately 60" X 80". **Please keep in mind that the ultimate purpose of a quilt is to provide warmth and choose your fabrics and filler accordingly.** Even in warmer climates, the temperatures can drop dramatically at night, requiring a quilt with sufficient filler. For tips on finding affordable filler for quilts, visit lwr.org/parish and click on [Quilts](#).

Tips:

- Quilt tops and bottoms can be made from whole pieces of fabric, or in any type of patchwork pattern of smaller squares. If squares are preferred, twelve 21" squares or 48 eleven-inch squares sewn together using a 1/2" seam allowance make a 60" X 80" top for a beautiful quilt.
- Recommended fabrics for LWR quilts include pre-washed cotton, cotton blends, twill, corduroy, polyester knits, and donated upholstery and drapery samples (no fiberglass).
- Use crochet or similar cord for tying. It is easier to thread and pull through than yarn and also is more durable. Ties should be no more than 8 to 10 inches apart.
- LWR quilts are both precious and practical when babies and children can use their special gifts even as they grow older. Please donate full-size quilts (about 60" X 80") only.



GENERAL ASSEMBLY INSTRUCTIONS

*Thorough instructions for each LWR Parish Project are available online at lwr.org/parish and in the *Be Involved* booklet, available by calling 1-800-LWR-LWR-2. Careful adherence to these guidelines keeps LWR's material resources program running smoothly and efficiently. Please follow the instructions exactly so that our distributions are consistent and fair. **Do not add other items or leave out any of the items listed for each kit.** For all projects, please also follow these guidelines:*

- Sending top quality items makes a caring statement to the recipient about the giver. **Please give new items only, except where noted otherwise.**
- **Please do not donate items with any religious symbols, messages or with your parish's name.** LWR provides material resources based on need, regardless of religious creed. Religious references could be misinterpreted by the governments of the receiving countries, jeopardizing the delivery to the people who need the items most.
- **Please do not donate any items decorated with a U.S. flag, patriotic or military symbols, or references to the armed forces, including camouflage.** LWR and our overseas partners have access to areas of the world others do not because we are impartial humanitarian organizations. If our intentions are misinterpreted as being politically motivated, our work, our partners and the people we assist could be endangered.