



SEWING KITS, SEWING FABRIC

Each year, Lutheran World Relief distributes thousands of sewing kits overseas. Many are used in vocational training programs to teach young men and women sewing skills that they can use to earn an income.

Review the General Assembly Instructions on back before collecting items for the sewing kits.

Include the following items in each sewing kit:

- Three yards of 44" or 45" pre-washed cotton or cotton-blend fabric; four yards if 36" (no knits or 100% polyester)
- One package of about 10-15 needles for hand sewing (needles purchased in larger packages can be divided by inserting 12 needles into a swatch of felt or thick fabric)
- One spool of matching thread
- One card of 6 or more 1/2" to 5/8" matching buttons

Do not add other items or leave out any of the items listed. All items should be new and in good condition. Wrap sewing notions inside fabric and tie with string, yarn, or strip of fabric.

Do not enclose the kit or any of its contents in plastic bags.

SEWING FABRIC

Additional fabric for the recipients of sewing kits provides fabric for extra sewing practice, to make clothing for themselves, or clothing to sell.

Review the General Assembly Instructions on back before collecting sewing fabric.

Please follow these guidelines:

- Fabric should be pre-washed cotton or cotton-blend (no knits or 100% polyester)
- Fabric should have no stains or holes
- Very important: fabric should be cut in three-yard lengths if it is 44" or 45" wide, or four-yard lengths if it is 36" wide
- Fold each piece separately when packing



GENERAL ASSEMBLY INSTRUCTIONS

*Thorough instructions for each LWR Parish Project are available online at lwr.org/parish and in the *Be Involved* booklet, available by calling 1-800-LWR-LWR-2. Careful adherence to these guidelines keeps LWR's material resources program running smoothly and efficiently. Please follow the instructions exactly so that our distributions are consistent and fair. **Do not add other items or leave out any of the items listed for each kit.** For all projects, please also follow these guidelines:*

- Sending top quality items makes a caring statement to the recipient about the giver. **Please give new items only, except where noted otherwise.**
- **Please do not donate items with any religious symbols, messages or with your parish's name.** LWR provides material resources based on need, regardless of religious creed. Religious references could be misinterpreted by the governments of the receiving countries, jeopardizing the delivery to the people who need the items most.
- **Please do not donate any items decorated with a U.S. flag, patriotic or military symbols, or references to the armed forces, including camouflage.** LWR and our overseas partners have access to areas of the world others do not because we are impartial humanitarian organizations. If our intentions are misinterpreted as being politically motivated, our work, our partners and the people we assist could be endangered.