Journey to Jericho
Weekly Mileage Log

Name _____ **Week 1**

Healthy Activities	Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	TOTAL MILES

TOTAL MILES FOR WEEK _____

Journey to Jericho
Weekly Mileage Log

Name _____ **Week 2**

Healthy Activities	Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	TOTAL MILES

TOTAL MILES FOR WEEK _____

Journey to Jericho
Weekly Mileage Log

Name _____ **Week 3**

Healthy Activities	Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	TOTAL MILES

TOTAL MILES FOR WEEK _____

Journey to Jericho
Weekly Mileage Log

Name _____ **Week 4**

Healthy Activities	Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	TOTAL MILES

TOTAL MILES FOR WEEK _____